

Crawley Mariners Yacht Club – Covid Policy and Procedures – March 2021

General

The health and safety of members is our number one priority at all times and we need to continue to take all necessary measures to reduce the risk of spreading infection in accordance with current Government guidance. The suppression of Covid relies on people taking individual and collective responsibility. It is the Club's role to facilitate safe activity from our premises in line with Government guidance and to remind members of their individual responsibility so they can make informed choices.

The Club therefore seeks to:

- Facilitate and encourage social distancing at all times.
- Encourage everyone to be conservative and considerate in their actions around the club.
- Only engage in activities that the Club has identified as being permitted under the current guidelines.

Reducing the risk of virus transmission

Anyone who is unwell with the symptoms of Covid to avoid attending the club.

Anyone who has contact with a family or household member who is unwell with the symptoms of Covid must not attend the club for a minimum of 10 days.

Only those taking part in an activity or those required to support someone taking part should attend the Club.

Encourage everyone to:

- Sanitise their hands after touching common surfaces– and always after coughing, sneezing and before and after arriving and leaving the club;
- Cover their mouth and nose when sneezing or coughing, and avoid touching their face, nose and eyes;
- Keep their distance and avoid being face to face with people outside their household;
- Not to share water bottles or food.

On the water safety

- Be conservative – stay within the limits of your ability.
- Factors to consider when deciding to go afloat include: forecast, temperature, wind speed, direction etc.
- If in doubt – DON'T GO OUT.
- Consider having righting lines and a mast head float.
- If another sailor gets into difficulty, provide advice from a safe distance.

PLEASE BE CONSIDERATE: be mindful of the potential impact that you could have on other water users, and do not place unnecessary extra strain on the emergency services.

PLEASE BE CONSERVATIVE: help to minimise risk by taking an extra conservative approach to your on the water activity.

**Please be aware that, in order to minimise the risk of virus transmission, there will not be any access to the Clubhouse for changing but the disabled toilet will be open.
There will be no support boat cover at social sailing sessions.**

Permitted activity at Hedgecourt Lake – re-opening, 29th March 2021

The following self-organised boating activities are permitted:

- Single handed sailing/paddle boarding/kayaking/canoeing.
- Double handed and family sailing by members of same household.
- Consenting members from different households may sail together or share a powerboat provided they are aware of the risks and mitigation factors as set out in the [“RYA Guidance on sailing & racing with participants from different households during COVID-19 in England”](#) and are participating in an activity organised by CMYC.
- This unfortunately rules out mixed households for social sailing unless the rule of 6/2 and associated social distancing can be maintained.

Club Training, Racing and Cruising events will go ahead as shown in the 2021 programme.

Provisos

All activities can only be conducted if members take responsibility to pay full regard to the government’s guidelines and that members ensure that they, and those they are responsible for, observe all social distancing measures at all times but especially when launching, recovering and parking your boat.

It is imperative that you do not congregate with other members in any manner that may be construed as a social gathering involving more than six people not from your household or a group of two households.

In order to avoid overcrowding on the foreshore the system of booking slots will be used.

- There will be three slots each day, slot availability will be based on what other events are taking place:
 - o 09:00 to 12:00
 - o 14:00 to 17:00
 - o 18:00 to 20:00 (or dusk if earlier)
- The time specified must not be exceeded under any avoidable circumstance.
- There will be a limit of 15 boats per slot and must be pre-booked via WebCollect.
- It is acceptable for those without access to WebCollect to get another member to book a slot on their behalf.

Requirements

- All rigging and derigging is to be conducted at your boat park space – if a neighbour is there before you and you cannot maintain the 2m distancing rule then you must wait until they have gone to launch or finished packing away. PLEASE BE PATIENT.
- If your boat park space does not allow you to rig there then find a space in the car park or in front of the clubhouse where you can safely rig and observe the 2m rule at all times. If space is limited: PLEASE BE PATIENT.

- All launching and recovery to be staggered to ensure social distancing on the slipways and pontoons. PLEASE WAIT YOUR TURN.
- Launch trolleys must be removed from the launching area and moved clear so that it will not be necessary for anyone else to handle them.
- Where there are movement bottlenecks within the boat park (eg boat park end of clubhouse) where it is difficult to maintain the required 2m gap treat please these areas as if they were yellow hatching on the roads – don't enter unless your exit is clear.
- Members are required to bring their own sanitiser and wipe down materials to clean common surfaces.
- Wear gloves or sanitise your hands before and after opening the main gate or when touching common surfaces.
- Arrive dressed for the activity, although discrete changing in the car park is acceptable.
- Keep a face mask with you in case you are required to render assistance at close quarters.
- Leave the Club as soon as you have derigged and packed your boat away.

Emergencies – CPR Guidance

The use of CPR mouthguards is not recommended during this crisis. Giving mouth to mouth resuscitation is a very high risk aerosol-generating procedure. Current resuscitation council guidelines are to cover the patient's face and do chest compressions only. It is almost as effective, and much safer. If there is a perceived risk of infection, rescuers should place a cloth/towel over the victim's mouth and nose and attempt compression only CPR and early defibrillation until the ambulance (or advanced care team) arrives. Put hands together in the middle of the chest and push hard and fast.

Members are reminded that the Club's Major Accident - Emergency Procedure document is affixed to the inside of the patio door and can be read from outside the Clubhouse.

Monitoring and reporting

- Members to report all accidents to a Committee member.
- Members to report any incidents involving members of the public to a Committee member.
- Members to report any problematic infringement of these guidelines by another member to a Committee member.